

Storytelling for Restoration & Connection

A creative development programme for adults involved or interested in peace and reconciliation, restorative practice and community building



ROOKHOW

Quaker Meeting House and Bunkbarn

13-15 March 2026

Facilitator: Hannah Moore, with the support of Sue Nicholls

What is the programme?

A residential weekend exploring storytelling as a powerful ingredient for peace and reconciliation work and for bringing people together.

Drawing on tales* that carry themes of restoration, reconciliation, healing and understanding, the programme will explore how traditional stories help us, as peace-workers, reconcilers, facilitators, people of faith, community builders and leaders, to:

- Create safe spaces for group work and deep conversations
- Develop our understanding of ourselves and others
- Grow our capacity for compassion
- Communicate across divides
- Empower, restore, re-energise ourselves
- Connect with hope, possibility and wonder, from which to better tackle crisis and challenge
- Support meaning-making in the face of difficulty,
- Encourage faith, trust and connection
- Share and talk about our lived experiences
- Reconnect with our values
- Feel re-inspired for the work we want to do
- Think creatively, look at issues we face with fresh eyes, and find answers to the questions we're carrying for our professional, personal, social and spiritual lives

We will explore these things through experiential learning, giving participants the chance to experience the points above firsthand and reflect on how these experiences serve them both personally and in their work.

The programme recognises that, in working for peace and reconciliation, one of the most powerful instruments we have is ourselves – our self-awareness, and how we live and model our values, so the weekend will include lots of opportunities to start with your own experience and expand out from there to explore the wider picture: interpersonal, communal, global.

Over the course of the weekend, the programme will include:

- Games
- Reflection

* Folk tales, wonder/fairy tales and myths

- Discussion
- Creative exercises
- Nature connection
- Story sharing
- Peer learning
- Ceremony
- And much more besides!
- with key traditional stories as inspiration.

The two days also hope to offer participants a restorative space, working with an awareness that the old tales go hand-in-hand with spiritual and soul work, and that the heart often opens when we gather in this way.

WHO IS IT FOR?

18s + Anyone who has an interest developing skills and understanding in reconciliation and conflict transformation. Up to 18 participants.

Facilitator

Hannah Moore is a traditional storyteller and creative facilitator with a background in Restorative Justice and running professional development training programmes, alongside extensive work as a creative producer and community practitioner. She regularly collaborates with Restorative Justice providers across the UK, the Restorative Justice Council, the European Forum for Restorative Justice, St Ethelburga's Centre for Peace and Reconciliation and Hill House Sanctuary. She trained with the International School of Storytelling and is now an associate teacher for their flagship programme Storytelling Beyond Words, which explores the skills of oral storytelling as well as how the wisdom of traditional tales can be applied in the world today. Quakerism is close to her heart and has been a thread and guide through her life since attending Meeting as a child.

LINKS:

www.hannahmoore.co.uk

Examples of some traditional stories:

<https://youtu.be/Rv7v9fF0S7c>

<https://youtu.be/RInNEbzQwYQ>

<https://youtu.be/RcOfXdgKG50>

Clip from an interview on how traditional stories help us explore and share our personal stories:

https://youtu.be/K_zCl2KlhEs